

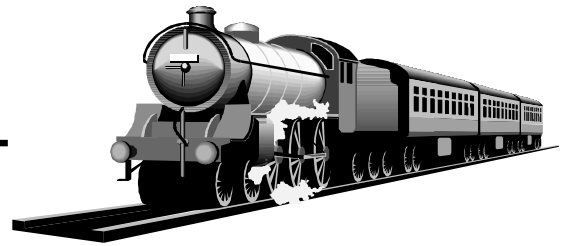


A Family Fun Day

2014 Hawkesbury Model & Hobby Show

Saturday 5th & Sunday 6th July
9.00am to 4.00pm
Hawkesbury Showground Clarendon

MODELS,
COLLECTABLES, ART
& CRAFT



HISTORICAL DISPLAYS,
CLASSIC VEHICLES

DOUBLE DECK BUS RIDES

REFRESHMENTS AVAILABLE

Admission Adults \$10.00 Child/Concession \$5.00 Family \$25.00



Proudly supporting

Riding for the Disabled Assoc. NSW Tall Timbers Centre,
Henry Doubleday Research Assoc.,
Cystic Fibrosis NSW and St John Ambulance (Hawkesbury City)

Further information www.hmhs.org.au or 0413-306-497

Riding for the Disabled Association NSW Tall Timbers Centre

With the assistance of service organisations, constant fundraising and the help of volunteers, Riding for the Disabled, "Tall Timbers" Centre provides horse riding and associated equestrian activities for people with disabilities.

Horse riding, as well as being enjoyable, has many benefits. For many of those with physical disabilities, the benefits from riding in terms of exercise and improving posture are obvious. There may, however, be a strong motivational factor, which can also be used to good purpose. Exercise that may usually be tedious, if performed on horseback, may be performed with renewed vigour and interest. The coach can also work closely with the rider's teacher or carer to reinforce their literacy, numeracy or social skills. This is simply using the motivational factor of the horse and riding in the learning process.

You can help RDANSW Tall Timbers in a variety of ways.

DONATIONS/SPONSORSHIP – Monetary donations, as well as donations of horse gear, riding boots etc are always welcome to assist our Centre to continue our program. Donations of \$2.00 or more are tax deductible.

VOLUNTEERS NEEDED – Volunteers are needed to help in our horse riding program or to join our group of auxiliary helpers who assist at fundraising events and special functions. Training is provided.

HORSES WANTED – We are seeking reliable ponies and horses for our riding classes. We offer professional equestrian care with lots of love and attention. If you have a mount standing around in a paddock or retired from Pony Club competition, please consider the pleasure they could be giving as part of our program.

**RIDING FOR THE DISABLED ASSOC
TALL TIMBERS CENTRE
125 OLD PITT TOWN ROAD
BOX HILL NSW 2765**



Please phone (02) 9679 1246
for further information.

talltimbers@rdansw.org.au

www.talltimbers.rdansw.org.au

**Riding
Develops
Abilities**